

# Latest local and national information and support

ROBERTSBRIDGE & SALEHURST  
HELPING HANDS



## Health Services - Last update Friday, 11 September 2020

Organisation /individual	What is offered	Contact details and other information
<b>Alzheimer's Society</b>	Support & advice Coronavirus volunteer toolkit	<a href="#">Co-vid specific support and advice for people affected by dementia</a> <a href="#">Coronavirus volunteer toolkit</a>
<b>Dental treatment</b>	Advice & emergency treatment	Nicola Grainge at Robertsbridge Dental Practice 01580 881880
<b>East Sussex Mental Health Directory</b>	Support & advice	<a href="#">ESCC Mental Health Directory</a>
<b>Government Coronavirus Facebook alert page</b>	Government Coronavirus Facebook alert page	<a href="#">Government Coronavirus Facebook alert page</a>
<b>Government WhatsApp</b>	Government advice straight to your phone	<a href="#">Government advice straight to your phone</a>

<p style="text-align: center;"><b>Face covering exemption badges</b></p>		<p>To help people who are exempt from wearing a face covering from being challenged by those who do, the Govt has produced some exemption cards and badges for people to download and print.</p> <p>Some people may feel more comfortable showing something that says they do not have to wear a face covering. This could be in the form of an exemption card, badge or even a home-made sign.</p> <p>If you would like to use an exemption card you can use the PDF attachments here: <a href="#">face coverings - exemptions downloads</a>.</p> <p>The downloads include badges people can wear, a badge for their mobile phone, or a card to be able to show. There's also a badge for people who rely on lip-reading asking someone to remove their covering temporarily so they can be better understood.</p>
<p style="text-align: center;"><b>NHS</b></p>	<p>Health Service info</p> <p>NHS advice and commonly asked questions regarding accessing health and care services during the Covid-19 outbreak</p>	<p><a href="#">Click on this link for NHS information on coronavirus</a></p> <p>Click here for responses to <a href="#">Frequently Asked Questions from the community</a></p>
<p style="text-align: center;"><b>Oldwood Surgery</b></p>	<p>Prescriptions</p>	<p>Click her for <a href="#">Oldwood surgery information</a></p> <p>For <b>prescriptions</b> please email <a href="mailto:prescriptions@robertsbridgehelpinghands.co.uk">prescriptions@robertsbridgehelpinghands.co.uk</a> or phone <b>07726 278661</b> and we</p>

		will organise delivery of your prescription to you. This will reduce the number of people visiting the dispensaries, keeping everyone safe.
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This list is produced by Robertsbridge & Salehurst Helping Hands in partnership with Salehurst & Robertsbridge Parish Council, and supported by a grant from Sussex Crisis Fund (Sussex Community Foundation).