

# Latest local and national information and support

ROBERTSBRIDGE & SALEHURST  
HELPING HANDS



## General Services - Last update Friday, 11 September 2020

Organisation /individual	What is offered	Contact details and other information
<b>AK Rother taxi service</b>	Will deliver takeaways or Click and Collect from any supermarket	01424 400247 / 07703 006336
<b>BBC</b>	Local and National TV and Radio	How to guide for video calls - <a href="#">Click on this link to see how to video call your family</a> Latest news - <a href="#">Click on this link for latest information from BBC News</a>
<b>Dog walking help</b>	Contact Helping Hands to make arrangements	Call 07726 592739
<b>DSMortgages.co.uk</b>	Info from national mortgage lenders re payment holidays	
<b>East Sussex Bus Service</b>		<a href="http://www.eastsussex.gov.uk/roadsandtransport/public/buses/bus-service-changes/">www.eastsussex.gov.uk/roadsandtransport/public/buses/bus-service-changes/</a>
<b>East Sussex Libraries</b>	Free online audiobooks. Sign up for a card online and start using the books straightaway	Battle, Hastings, Eastbourne, Newhaven and Crowborough libraries will re-open on 13 July. Limited service available, so please still use the <a href="#">eLibrary</a> . 'Select + Collect' service will let you choose up to 20 books online or by calling the library service, to pick up quickly and easily from one of the re-opened libraries. Anything borrowed can be kept until 30 September.

		<p>45-minute computer sessions will be available to book in advance but there will be no study space, access to reference material or customer toilets. There's a Home Library Service for vulnerable people.</p> <p><a href="#">East Sussex Libraries</a></p> <p>Online books, audiobooks, newspaper and magazines for kids and adults.</p> <p><a href="#">Battle Library information</a></p>
<b>Fisherwood Farm</b>	Chill with alpacas and miniature sheep, unique & exclusive cream teas and hub for wellbeing	Contact Facebook <a href="#">Fisherwood Farm</a> or <a href="http://www.fisherwoodfarm.co.uk">www.fisherwoodfarm.co.uk</a>
<b>Freeman Forman</b>	Estate Agents	Open on a daily basis Monday through to Saturday and can help where needed, even if it's only a drop off point for parcels etc for local home owners.
<b>Hands of Hope</b>	Support to grow your own produce	Plants and support provided, whatever space you have. Instruction sheets for each plant you receive, weekly video links of growing sessions, ongoing email support. Grow your own produce or give back surplus for local Food Banks. To 'Get Growing', email <a href="mailto:info@hohcharity.co.uk">info@hohcharity.co.uk</a> to register, let them know how much space you have and where to deliver to, or call direct on 07968 333097
<b>Hush</b>		Call or text 07949 678464 to book an appointment
<b>Jigsaws</b>	Jigsaw swapping available	Please email Gillian Branford on <a href="mailto:gbranford61@gmail.com">gbranford61@gmail.com</a> if you have spares or would like to borrow a puzzle.

<p><b>Jules Hammond Yoga</b></p>	<p>Online exercise chair-based classes, suitable for the older body</p>	<p>Email for costs: <a href="mailto:julesinyogaland@hotmail.com">julesinyogaland@hotmail.com</a> or <a href="#">Jules Hammond Facebook page</a></p>
<p><b>Kevin Jones, electrician</b></p>	<p>Telephone help with electrical emergencies, call out no charge</p>	<p>07984 239997</p>
<p><b>Moat Osteopaths</b></p>	<p>We have been operating with strict infection control measures for the last 8 weeks, and will continue to do so to ensure patient safety.  Appointments are limited but available after a brief triage call to assess risk.</p>	<p>The Moat Practice, 12a Station Road, Robertsbridge, East Sussex, TN325DA Call 01580 212293 or email <a href="mailto:Info@moatosteopaths.com">Info@moatosteopaths.com</a> <a href="http://www.moatosteopaths.com">www.moatosteopaths.com</a></p>
<p><b>Nicky Flint</b></p>	<p>Photographic greeting cards of the local countryside and gardens</p>	<p><a href="#">Sussex Stills</a>  Nicky will give 10% discount to residents using the code 'Robertsbridge'</p>
<p><b>Postal deliveries</b></p>	<p>Please don't open your door when you see the postman/woman arrive; they need a 2 metre distance as well.</p>	<p>If you have a parcel, they'll sign for it, ring your bell/knock on your door &amp; step back for you to pick it up. Please don't be offended if they step back to help keep everyone protected.</p>
<p><b>RAP</b></p>	<p>Craft projects for exhibition later this year</p>	<p><a href="#">RAP</a></p>

<b>Robertsbridge Station Ticket Office</b>		Open 06.10am-12.50pm Mon-Fri
<b>Rock Choir</b>	National Singalong 3 pm daily	<a href="#">The Rock Choir</a>
<b>Rother Leisure Centres</b>	For opening hours see links	<a href="#">Bexhill leisure centre</a> <a href="#">Bexhill swimming pool</a> <a href="#">Rye leisure centre</a>
<b>Salehurst Halt</b>	Drive through pizza Fri 5-8pm	Order from the road outside, pay, collect. No pre-orders, drinks available
<b>South Eastern Railway</b>	Coronavirus travel advice	<a href="#">S E Railway travel advice</a>
<b>Southern Water</b>	General info on Coronavirus	<a href="#">Southern Water</a>
<b>Stories for children</b>	Free audio stories	<a href="#">Audible</a>

This list is produced by Robertsbridge & Salehurst Helping Hands in partnership with Salehurst & Robertsbridge Parish Council, and supported by a grant from Sussex Crisis Fund (Sussex Community Foundation).

